

Texas Department of Health
Osteoporosis Advisory Committee
Regular Meeting Minutes
November 30, 2001

The Osteoporosis Advisory Committee met on Friday, November 30, 2001 at the Joe C. Thompson Center, in Room 3.122, at the University at Texas, Austin.

Advisory Committee Member(s) Present:

Roma E. Ball, M.Ed.
Mary Claire Kinney Bielasowicz, Ph.D., R.D. L.D.,C.F.C.S.
Bill N. Griffin, M.D.
Rogene E. Tesar, Ph.D., R.D., L.D.,C.M.R.T.
William W. Wong, Ph.D., M.S.

Advisory Committee Members Absent

Wanda Franklin, M.B.A.	Joyce Elaine Ballard, Ph.D., M.A.
Judith Ann Headley, Ph.D., R.N.	Jan Hamilton, Ph.D., R.D., L.D.
Martha Rammel Hinman, Ed.D., P.T.	Janet Hieshetter
Felicia Castillo Morales, B.A.	Steven Michael Petak, M.D.,J.D.,F.A.C.E.
Joan M. Pickard, B.A.	Jo B. Sparks, M.B.A.
Sharon F. Robinson, Ph.D., M.S., R.D.	Eugenia Beth Tickle, Ed.D., R.N.

Registered Guests:

Niti Goel	Jacquie Shillis
Jenny Bain	Annette Riggio
Jack Douglas	Beth Stalvey
Patricia Parma	Elizabeth Vandor Meuh
Shannon Edson	Brenda Knowles
Allen McBride	Camille Hemlock
Pamela Gifford	Eloise Harris Teas
Susan Poag	Rosa Winn

Staff Present:

Margaret Méndez	Karen McAnarney, R.N
Rosamaria Murillo, L.M.S.W.	Elaine Braslow, M.Ed.
Janet Lawson	Anne Williamson, M.Ed.
Lisa Bishop	Mary Somerville
Elizabeth Benitez	Jamie Cook
Jan Hudson	

Welcome and Meeting Call to Order

Bill N. Griffin, M.D., Chair

- The meeting was called to order by Dr. Bill N. Griffin, Chair.

Approval of Minutes**Bill N. Griffin, M.D., Chair**

- Since there was not a Quorum, the minutes of the April 20, 2001 meeting will be approved at the next meeting.

Report on July 13th Strategic Planning for Osteoporosis**Elaine Braslow, M.Ed.**

- Ms. Braslow reviewed a proposal for a “ Strategic Planning Process”.
- She also provided an overview of an osteoporosis conference she attended in November in Michigan. She shared ideas and materials for consideration by the Osteoporosis program.

Potential Benefits of Soy**William W. Wong, Ph.D., M.S.**

- Dr. Wong reviewed information concerning the benefits of soy isoflavens and estrogen therapy to reduce bone loss in postmenopausal women.
- The incidence of cardiovascular disease in women increases after menopause. Estrogen replacement therapy (ERT) may benefit women through an increase of plasma nitric oxide (NO), which increases arterial compliance and slows the rate of bone loss; however, there may be an associated increased risk of breast, endometrial and ovarian cancer.
- Further discussion needed to discuss the value and appropriateness of communicating health benefits of soy to the consumer by the osteoporosis program.

Certification of Radiology Technicians**Rogene E. Tesar, Ph.D., R.D., L.D., C.M.R.T.**

- Dr. Tesar discussed the lack of required training or certification for technicians (and others) who perform bone densitometry in Texas and nationally. There is also no required training for those who interpret bone densitometry. Her subcommittee will explore processes for establishing certified training.

Presentation of Awards of Appreciation**Bill N. Griffin, M.D., Chair**

- In recognition of their dedication, effort and continued support to the osteoporosis advisory committee and osteoporosis program, Anne Williamson, Elaine Braslow, Mary Somerville and Jamie Cook of the Adult Health Program, were presented awards of appreciation.

Osteoporosis Campaign Projects**Susan Poag/Jacquie Shillis**

- Ms. Susan Poag from SUMA reported that the education materials for clients are good but we need to focus more on materials on osteoporosis for health care workers. Ms. Poag said that SUMA is presently working on expanding and creating ways to make new partnerships by conducting training for visiting nurses and employees of Meals on Wheels. SUMA is also working to reach the Houston Asian community by creating a plan to work with leaders of the Houston's Asian American Health Coalition, the Asian Press, as well as grass roots organizations. SUMA is also working with Human Resource departments in the work place to survey the needs and interests of large employers to determine best ways to educate employees on osteoporosis.

Worksite Module/Houston Pilot**Allan McBride**

- Mr. McBride conducted a pre/post test at a workplace to provide information and to increase the awareness of prevention, detection and treatment of osteoporosis. The module was presented ten different times at seven different locations in three different plant populations in Baytown, Texas. The test was successful in increasing awareness of osteoporosis. Mr. McBride found that making the test mandatory versus voluntary, offering an incentive, and having the presenter be an employee of the agency would increase participation of employees.

Osteoporosis Community Tool Kit**Anne Williamson, M.Ed.**

- Ms. Elaine Braslow brought back an Osteoporosis Community Tool Kit from the conference she attended in November in Michigan. Ms. Anne Williamson expanded on the contents and suggested we use this as a model for Texas. Ms. Williamson also suggested we determine an agency within each county in Texas to initiate a campaign to promote education on osteoporosis in coordination with the state in the month of May. Ms. Williamson suggested we offer an incentive to motivate agencies to utilize the tool kit.

Summit 2002**Rogene E. Tesar, Ph.D., R.D.**

- Dr. Tesar expressed wanting to target health care providers, such as county health departments, nurse practitioners, and primary care managers for the summit. The conference is tentatively scheduled for June or July. Dr. Tesar suggested we offer an incentive to invitees such as free calcium. Sub committees for the summit were established. Dr. Wong will work on the logistics and marketing, Wanda Franklin will work on the funding and the program will be coordinated by Rogene Tesar, Steven Petak and Roma Ball.

Next Meeting Date/ Adjournment**Janet Lawson, MD/Bill N. Griffin, Chair**

- Dr. Janet Lawson suggested February 21, 2002, March 22, 2002, April to be announced, May 24, 2002, May 31, 2002, and June 6, 2002 as possible next meeting dates.
- There were no public comments and the meeting was adjourned.